

MIAC Volleyball All-Conference

2009 MIAC Volleyball Awards

Player of the Year - Emily Foster, St. Thomas (Jr., S, Minnetonka, Minn./Hopkins)

Defensive Player of the Year - Laura Barsness, Carleton (Sr., L/DS, Lakeville, Minn./North)

Rookie of the Year - Nina Lindquist, St. Catherine (Fy., S, St. Cloud, Minn./Cathedral)

Co-Coaches of the Year - Michelle Blaeser, Saint Benedict (10th season) & Nicole Hess, St. Catherine (7th season)

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Name	Team	Year	Position	Hometown/High School
Nicki Ainsworth	Gustavus	Jr.	OH	Eden Prairie, Minn.
Kyley Crotty	St. Thomas	Sr.	OH	Maplewood, Minn./North St. Paul
Annie Eckhoff	Carleton	Sr.	MH	Northfield, Minn.
Emily Foster	St. Thomas	Jr.	S	Minnetonka, Minn./Hopkins
Sarah Gardner	Saint Mary's	Jr.	RS	Rochester, Minn./Mayo
Jenna Green	Concordia	So.	OH	Dilworth, Minn./Dilworth-Glyndon-Felton
Beth Hanson	Saint Benedict	Sr.	S	Faribault, Minn./Bethlehem Academy
Maria Hoffman	St. Catherine	Sr.	MB	Montgomery, Minn./Montgomery-Lonsdale
Emma Jaynes	Saint Benedict	Sr.	OH	Hibbing, Minn.
Jessica Mate	Saint Mary's	Jr.	OH	St. Charles, Ill./East
Jill Osborne	St. Thomas	Jr.	MB	Lakeville, Minn./South
Kelly Prunty	St. Olaf	Jr.	S	Welcome, Minn./Martin County West
Shanna Reed	Augsburg	Sr.	S	Eagan, Minn./Holy Angels
Kayli Schumacher	Saint Benedict	Jr.	RS	East Grand Forks, Minn./Sacred Heart
Tasha Simmons	Hamline	Sr.	OH	Eagan, Minn.
Kim Smisek	St. Olaf	Jr.	OH	Northfield, Minn.

Katie Vohnoutka	Concordia	So.	OH/MH	Eden Prairie, Minn.
Nicole Wriedt	Bethel	So.	OH	Pewaukee, Wis./Hartland Arrowhead

2009 All-MIAC Volleyball Sportsmanship Team

Augsburg - Barbara Simmons (Sr., Minneapolis, Minn./South)

Bethel - Hannah Parks (Jr., Plymouth, Minn./Wayzata)

Carleton - Annie Eckhoff (Sr., Northfield, Minn.)

Concordia - Dana Wermers (Sr., Rapid City, S.D./Stevens)

Gustavus - Tara Kramer (Sr., Hayfield, Minn.)

Hamline - Tasha Simmons (Sr., Eagan, Minn.)

Macalester - Jessica Baier (So., Seeley Lake, Mont./Seeley-Swan)

Saint Benedict - Alex Lenzen (So., St. Cloud, Minn./Cathedral)

St. Catherine - Nicole Neumann (Jr., Le Sueur, Minn./Le Sueur-Henderson)

Saint Mary's - Lindsey Legatt (Jr., Sartell, Minn.)

St. Olaf - Paige Olson (Sr., Brainerd, Minn.)

St. Thomas - Alesha Nelson (Jr., Milaca, Minn.)